



Welcome!

**2021 Audi Power of Four Ski Mountaineering Race
Athlete Meeting**

Race Day: Saturday, March 6th 2021

- Daragh Kneeshaw – Race Director
- Athlete Check-in: Limelight Hotel Aspen 12 – 7:00 PM
 - 355 S Monarch St, Aspen, CO 81611
- Power of Four Start: Snowmass Base Village – 6:00 AM
- Power of Two Start: Aspen Highlands Base Village – 8:00 AM



REQUIRED GEAR:

- **ALL ATHLETES MUST RACE WITH THE FOLLOWING GEAR:**
 - Beacon
 - - Shovel
 - - Probe
 - - Helmet
 - - Eyewear
 - - Backpack
 - - Timing Chip - \$75 Fine if Not Returned!
 - - Bib
 - - Wind shell
 - - Buff/neck gaiter and or Mask



RACE STARTS / COURSE OVERVIEW:

- **TIMING / COURSE MARSHAL LOCATIONS:**

- Top of Burnt mountain gate - 3 hour Cut Off
- West Buttermilk gate
- Bottom of Tiehack
- Highlands Base Village
- Top of the Bowl
- Top of Congo – 7 Hour Cut Off
- Castle Creek Rd. Crossing
- Top of Ajax
- Bottom of Bell Chair



Aid Stations:

- Aspen Highlands Base Village – Full Aid Station
- Top of Congo Trail – Full Aid Station
- Castle Creek Road – Water Station
- Top of Midnight Mine Road – Water Station

- **AID STATION SUPPLIES:** Water, Coca Cola, Skratch hydration, RXbars, candy, Honey Stinger Gels, Skratch energy chews
- **NO CHIPS, PRETZELS, OR BANANAS**



Covid – 19 Protocols:

- Masks must be worn at race starts, aid stations, and transition areas
- All athletes must complete a Covid symptom checker prior to race start
- Aid station volunteers must assist you with refueling
- Please remain 6' apart at all times
- You must start in your assigned wave
- No finish line party – please exit the finish area as soon as possible



NEW & NOTE WORTHY FOR 2021:

- NEW FINISH LINE – Base of Lift 1A – Aspen Mountain
- NO spectating allowed
- Wave Starts
- You must make your own way to the start lines, no indoor facilities
- Fridays athlete check-in will be extended from 12 – 7 PM
- You must keep your mask handy at all times
- No finish line party – food will be prepackaged on your way out
- No awards, all winners will be mailed their prizes



REMINDERS:

- STAY WITH YOUR PARTNER AND STAY ON COURSE!
- WEAR YOUR MASK & STAY 6' APART WHEN ABLE TO!
- PLEASE RESPECT OUR COURSE STAFF AND SKIER GUESTS!
- DRINK A TON OF WATER AND WEAR SUNSCREEN!
- DO NOT RELY SOLELY ON AID STATION SUPPLIES!



QUESTIONS?

THANK YOU TO EVERYONE IN ADVANCE FOR A GREAT DAY!

