

Competitive Ski Division

Run Requirements

- 1. Start: Merry Go Round
- 2. G Zone Run in Highlands Bowl
- 3. Non G Zone Run in Highlands Bowl (from Summit)
- 4. Mushroom
- 5. Upper Robinson's
- 6. Aerobie
- 7. Sepparator
- 8. Willy's
- 9. Hyde Park to Canopy Cruiser (must drop in at Hyde Park Gate)
- 10. Jerome Bowl
- 11. Jugs Hill
- 12. Powder Bowl
- 13. Deception
- 14. Thunder Bowl
- 15. Meadows
- 16. Finish: Helly Hansen Arch at the Base of Thunder Bowl

Competitive Snowboard Division

Run Requirements

- 1. Start: Merry Go Round
- 2. G Zone Run in Highlands Bowl
- 3. Non G Zone Run in Highlands Bowl (from Summit)
- 4. Golden Horn
- 5. Hyde Park to Canopy Cruiser (must drop in at Hyde Park Gate)
- 6. Jugs Hill
- 7. Upper Robinson (top to bottom)
- 8. Robinsons Run aka Lower Robinsons
- 9. Thunder Bowl
- 10. Sepparator
- 11. Pyramid Park
- 12. Suzie Q
- 13. Upper Stein
- 14. Meadows
- 15. Powder Bowl
- 16. Finish: Helly Hansen Arch Base of Thunder Bowl

Recreational Division

Run Requirements

- 1. Start: Merry Go Round
- 2. G Zone Run in Highlands Bowl
- 3. Hyde Park to Canopy Cruiser (must drop in at Hyde Park Gate)
- 4. Powder Bowl
- 5. Suzie Q
- 6. Jerome Bowl
- 7. Upper Robinson
- 8. Jugs Hill
- 9. Meadows
- 10. Mushroom
- 11. Thunder Bowl
- 12. Finish: Helly Hansen Arch at the Base of Thunder Bowl

RULES:

- 1. **Competitive Divisions**: The **first bowl lap** is the only one that will be timed for the fastest hike competition. The time starts at the time check point and ends at the summit. One lap must be in the G Zones, the other can be any run **besides** a G Zone, but from the summit.
- 2. **All Divisions**: Hyde Park to Canopy Cruiser run cannot be done until one Highlands bowl lap has been completed. This is because once you cross the time check point, Flaik will begin timing your hike to the summit, and only does this once. (the start time check point will be marked with a pole and flag)
- 3. **All Divisions**: With the exception of the Hyde Park to Canopy Cruiser transition, make sure to drop into each run where the run name is marked on the mountain. Runs must be skied top to bottom.
- 4. **Competitive Ski**: The sign for Mushroom is lower than the cross over towards Hyde Park. Please look for the course marker below you attached to a tree.